

Individual Coordinated Plan (SIP)

When you need help with health and medical care related to your life situation from both Region Skåne and your municipality, the actions may need to be coordinated. Actions can be coordinated through an Individual Coordinated Plan (SIP). A SIP describes who is responsible for which actions. You must give your consent in order for the SIP to be implemented.

What is a SIP?

A SIP is carried out as a meeting where those responsible for various actions work together with you to plan how the actions will be implemented and followed up. You play an active role in the planning process. The SIP is based on what is important to you. Actions are coordinated and planned according to your personal goals.

The purpose of a SIP

The purpose of the SIP is to provide you with the coordinated actions you are entitled to and need in your life situation. The goal is to provide you with support and assistance so that you can live your life as normally and independently as possible.

How is a SIP carried out?

When carrying out a SIP, those who are responsible for the various actions meet with you to plan how the actions will be implemented. The meeting participants depend on your needs. If you wish, you can also have a friend or relative present. The meeting can take place, e.g., in your home, a primary health center or another suitable location. You will receive a paper copy of the completed plan and can also access it via My Care Plan at 1177.

Important information

If you or your loved ones would like more information about the SIP or receive help preparing for the meeting, then please contact us or see the information available at 1177.se.

If the person consenting to the SIP is under the age of 18, then their level of maturity will determine whether they or their guardians will provide consent.