

## SPERM ANALYSIS

### **IMPORTANT INFORMATION FOR THE PATIENT:**

Bookings for semen sample examination are made via our e-service *Boka tid direkt för spermaprov* (Schedule an appointment directly for a semen sample) at [www.skane.se/rmc](http://www.skane.se/rmc)

**Please note that a scheduled appointment is required, and it's a good idea to schedule both appointments immediately. Remember it is important to bring the referral for the laboratory analyze.**

### **Sample taking for infertility investigation:**

In order to obtain the best possible results, you should ejaculate on a regular basis. You should have ejaculation 2-4 days before sampling. After that, you should not ejaculate until you have given the sample at the RMC. The sample should be produced through masturbation at the RMC (in other word, by yourself, and not through intercourse). It is important that the entire sample is collected in the container. Two tests are recommended at intervals of about 14 days. The analyze results will be sent to the referring doctor, who will inform you.

Please fill out the following at the time you submit the sample:

When did you have your last ejaculation before today's sample? .....

Sample taken at (time) ..... Was the ejaculation complete? (Did you get everything in the container?) Yes  No

### **Sample taking after sterilization:**

You need to produce the sample on the same day it is submitted to the laboratory. It is important that the entire sample is collected in the container. The analyze results will be sent to the referring doctor, who will inform you.