

Instructions for patients

Urine test – vacuum test tube with straw

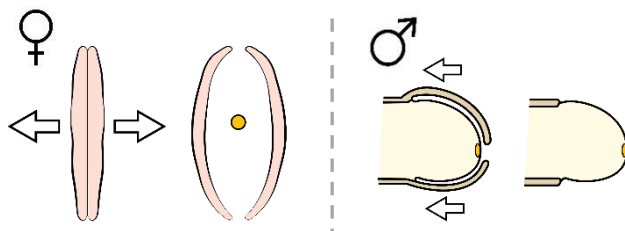
WHAT YOU NEED

A disposable plastic cup. The transfer straw you received from your healthcare provider.

INSTRUCTIONS



Do not urinate at least four hours before giving the sample.

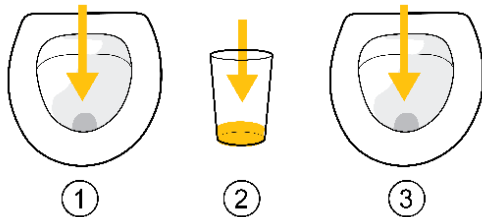


When taking the sample:

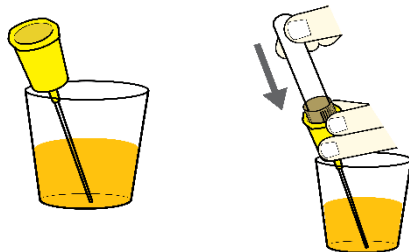
For women : Separate your labia.

If bleeding or have a discharge, insert a tampon in vagina before taking the sample.

Man: Retract the foreskin.



- 1) First urinate a little into the toilet.
- 2) Place the cup in the stream of urine and fill half the cup.
- 3) Finish urinating into the toilet.

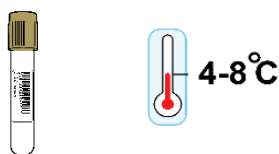


Place the straw in the cup with urine. Place the test tube, cork first, into the cap and press down. The test tube will fill up with urine. Keep the test tube in place until it has been filled.



Mark the test tube with your entire national registration number (*personnummer*), name and the date and time the sample was taken. Use the label you received from your healthcare provider.

Attach the label to the test tube lengthwise.



Store the test tube in a refrigerator or in a plastic bag containing ice.



Leave the sample with your health care provider on the same day you took the sample. Transport the test tube in a plastic bag containing ice. Bring a valid ID document.