

## Faeces Sample in Jar with no Additive

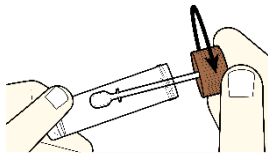
### THIS IS WHAT YOU NEED

The jars given to you by your care provider. Collection paper or a thoroughly cleaned vessel.  
Adhere to the sample-taking intervals prescribed by your care provider.

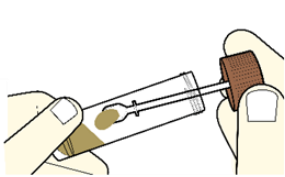
### HOW TO DO IT



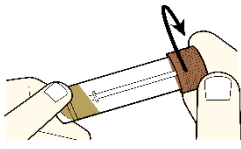
Collect faeces. Use collection paper or a thoroughly cleaned vessel.



Unscrew the lid of the small jar. A spoon is attached to the lid.



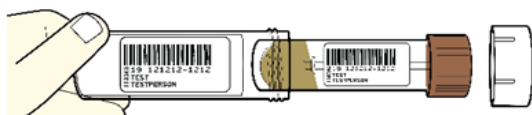
Use the spoon to transfer faeces to the small jar. **Fill a quarter of the jar** with faeces.



Carefully screw the lid back on to the small jar.



Label **both** jars with your personal identity number, full name, and the date and time at which the sample was taken. Use the labels given to you by your care provider.



Place the small jar in the big jar and screw on the lid.



Give the sample to your care provider on the same day as the sample was taken at the latest. Bring valid ID.