



We need your consent for planning your continued health and social care after discharge

It is common to need health and social care even after spending time at hospital. You should be able to safely return home with the support you need. The hospital therefore has a close cooperation with your health centre, other outpatient care and your local authority.

In order to plan your continued health and social care we need your consent. Read about what this means in the box below, so can we explain more and answer your questions.

- Those who need health and social care after discharge from hospital need to give their consent (permission) in order that information about your illness can be shared between the hospital, your medical centre or other outpatient care and your local authority.
- The consent applies to all information shared and to the planning and monitoring needed during your period of care.
- You are entitled to know what information is shared and you can at any time withdraw your consent.

Once you have given your consent the planning starts

The hospital now notifies your medical centre and/or other outpatient care as well as your local authority when you are expected to leave hospital. Together, we map your previous and current state of health, whether you have had previous health and social care assistance and any assistance you may need after discharge from hospital.

What information is shared?

- Your state of health – your health centre doctor informs the doctor at the hospital about your health background and gets to know what has happened, what care you have received at hospital, how you are feeling now and how you are doing.
- Assistance – the local authority informs the hospital if you have ongoing assistance as well as how you are doing at home up until now and receives information about your present state of health.

Who has access to the information?

- Health centre or outpatient care – your medical centre doctor and other staff who are involved to ensure that you receive the healthcare you need from your medical centre and outpatient care clinic.
- Local authority – the staff who decide what social services assistance and home care assistance you can be offered as well as the staff who provide this assistance.