

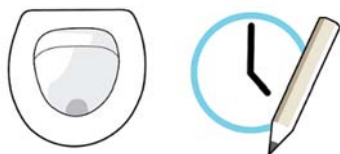
Day Urine Collection (24 hours)

THIS IS WHAT YOU NEED

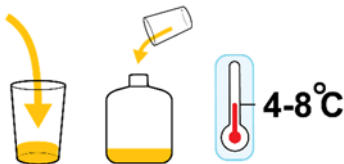
The urine receptacle given to you by your care provider, and an unused vessel, e.g. a glass or a plastic cup.

If you accidentally go to the toilet without collecting, urine collection must be restarted from the beginning.

HOW TO DO IT



Pee in the toilet **before** you start urine collection, and make a note of the time.



The next time you need to go to the toilet: pee in an unused vessel, e.g. a glass or a plastic cup. Thereafter, pour the urine into the plastic receptacle, which is to be stored in a cool place during collection.



Pee one last time the next day at the same time as you started (24 hours later). Then, end the collection. Store the receptacle in a cool place until handing it in.



Place the bar code label or a label with your personal identity number and name on the plastic receptacle.



Hand in the plastic receptacle and the referral to your clinic or assigned laboratory. Bring valid ID.