## Consent to share information

To support and assist you during your sick leave and rehabilitation, it can be helpful for healthcare personnel to cooperate with your employer.

Information within healthcare services is subject to confidentiality. However, this confidentiality can be broken if you give your consent to healthcare personnel sharing necessary information about you and your situation with your employer.

Only the information necessary to provide you with the best possible support during your rehabilitation will be shared. All other information remains subject to confidentiality.

## How long does my consent apply?

Your consent applies from the day you sign the form and throughout your sick leave or for as long as you are participating in rehabilitation activities and coordinated interventions. Your consent applies for a maximum of one year from the date you sign.

You can withdraw your consent at any time. You do this by contacting your doctor or your rehabilitation coordinator at your health centre or clinic.	
CONSENT	
I consent to concerned personnel at the health centre or clinic providing my healthcare to share necessary information about me with my employer in order to offer active and coordinated interventions.	
Necessary information can include, for example, information about my state of health and how it affects my ability to work. Work adaptation and ergonomic measures have been shown to shorten sick leave.	
The information that needs to be shared with your employer is the following:	
$\square$ I am aware that I can withdraw my consent at any time.	
Employer (name, phone number, title)	
Signature	Personal ID number
	_
Printed name	Date