

# Patient information faulty copper IUD

## Information for those that have had the defective copper IUD Novaplus T380 as a contraceptive

Unfortunately, it has turned out that some of the IUDs of this brand had a defect in the plastic when they were manufactured and therefore, they can break. The IUD can break inside the uterus or when it is removed. In Skåne, these IUDs were used between 2015 and 2018. It turns out that about 10% of the IUDs that have been inserted in Skåne during this time have broken. That is significantly more than the manufacturer estimated when the error was detected. When the error was detected, we stopped using this type of copper IUD.

## What if all the parts of the IUD have come out?

If all parts of the broken IUD have come out, you do not need to do anything else. You can get a new copper IUD inserted by your midwife.

## What happens if part of the IUD is left?

If all parts of the IUD have not come out yet, there may be some part left in the uterus. The parts may also have come out during menstruation without this being noticed. You should wait for your next two periods and observe if the IUD part comes out with the menstrual blood. The midwife can show you what an IUD looks like, so you know what it looks like and what to look for.

If an IUD part does not come out during your first or second menstrual bleeding after having the IUD removed, contact your midwife for follow-up and help.

#### Examination

If there may be a piece of the IUD left in the uterus, you will have to do a CT scan (X-ray). You will receive a summons to an examination that takes place in Malmö, Helsingborg, Simrishamn, or Kristianstad, you will get to choose. If there is a part left, it can be removed with the help of a special examination where a camera inserted into the uterus. This examination is carried out at a special clinic or at the hospital.

#### Will I experience complications due to a faulty IUD?

So far, no one has experienced any permanent medical issues after the piece of plastic has been removed.

#### Do I still have a contraceptive if parts of the IUD remain in the uterus?

No, you should use other forms of contraceptives until the IUD part has come out. Ask your midwife for advice and help with contraception. If the only form of contraception that works for you is a copper IUD, you can get a new one while waiting for the CT scan, but it needs to be removed before the examination is done.

#### How long do I have to wait for an examination?

You will receive an appointment to the women's clinic (kvinnokliniken) within three months of your referral from the midwife being received by the women's clinic.

#### Can I have a new IUD inserted?

Yes, after all the parts have come out, you can get a new copper IUD inserted. The copper IUD is free.

## Can I apply for compensation?

Patients who experience injury due to healthcare may be entitled to compensation under the Patient Injury Act. Registration is made at <u>www.lof.se</u> where you can then follow your case digitally. You can also download a form from the website or have one sent to your home.